

ALL ABOARD THE ARK

Week of Monday, Jan 17, 2011

Check out our Website: www.larchesudbury.org

Spiritual Choices

Choices make the difference. Two people are in the same accident and severely wounded. They did not choose to be in the accident. It happened to them. But one of them chose to live the experience in bitterness, the other in gratitude. These choices radically influenced their lives and the lives of their families and friends. We have very little control over what happens in our lives, but we have a lot of control over how we integrate and remember what happens. It is precisely these spiritual choices that determine whether we live our lives with dignity. Henri Nouwen

THIS WEEK AT L'ARCHE SUDBURY

Weekend Jan 14,15 &16:

[Jen Mc is on Call](#)

Friday night is Wolves hockey

Monday Jan 17:

- 4:30 Drumming at Cana

Tuesday Jan 18:

- 9 :33 Reflective Meetings
- 3pm Orientation
- 4:30 Community Dinner & Gathering

Wednesday Jan 19:

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Thursday Nov Jan 20:

- Howie, Lorrie & Paulette Bowl

Friday Jan 21:



Weekend Jan 22/23:

- Carolyn is on call.
- Victoria & Chris at GIM # 2

What's New?

- ❖ Renee has moved to a new apartment at 124 Kathleen St #4
- ❖ Theresa Mullin has been named to the Role of Homes Coordinator as of Jan 24th. Welcome Aboard.

Emmaus:



- Rob had a wonderful birthday with his family & friends

- Shari is all rested from her awesome trip from Grenada (rumour has it she is now engaged?)
- Andrew has arrived & settling quite nicely w/ the gang
- Roma patiently awaits her trip to Arizona to visit Lyn
- Tricia returns to another term of French classes

Bethany:

- Paulette returned to work Monday, January 11 at the soup kitchen and on January 12 at Toppers. She will return to Extencicare Falconbridge hopefully in Feb.
- Trudy will be Celebrating her Birthday on Jan 22 at Cana.
- Everyone is starting to get back into routines since being off for the holidays.
- Paulette is excited to be going back to work and we are all excited for her!
- Lorrie's friend, Paulette, from the Drop-In passed away
- Trudy is getting excited that her birthday celebration is coming soon and there is going to be a big family turnout!
- Trudy's Uncle Ken and Aunt Claire came for a visit this past Wednesday before they leave for Florida
- Lorrie's brother Morris and his wife Diane are enjoying their time in Florida
- Latoya starting her driving lessons today....**LOOKOUT SUBBURY HERE SHE COMES!!!!**

Galilee:

- Audrey and Nichola had a great time at Robert's birthday party.
- We are all looking forward to helping Trudy celebrate her next birthday. Tasha and Audrey are getting there party clothes ready.
- Everyone went shopping over the weekend and then had take out for supper.

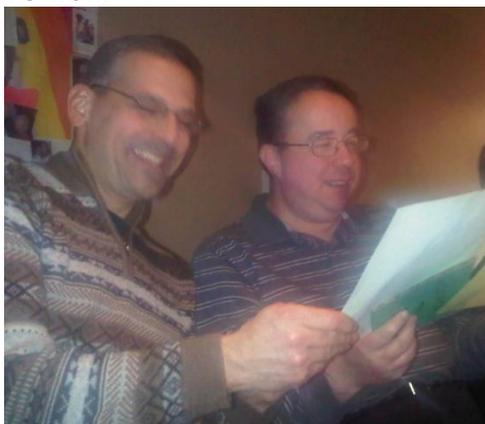
- Ken & Chris helped Renee move into her new apartment at 124 Kathleen St apt #4. Her phone # stays the same 561-8682.
- Victoria is preparing to attend session 2 of growing in the mission Jan23-28th

Vocational:

- Next Community kitchen will be Feb 18th at Cana
- Suz's birthday (Jan. 1 – celebrate at Casey's Jan. 7)
- Laurie Ann and Allan who went to Christmas day dinner at Cana.
- Sylvie went to Montreal for the holidays with family.
- Chris Scott's nieces came to visit from Windsor.

SIL:

- Howie is back home after Spending Christmas at his Dads
- Paulette & Lori pick up Howie on Thursday night to take him Bowling.
- Howie enjoyed his Welcome / Apartment party, especially the cards from the homes, an L'Arche shirt and a picture for his wall.



John & Howie read Welcome Cards

Cana:

- January Prayer: 4-B,11-V, 18- Spiritual life, 25- E, & Feb 1-G.
- Jan 22 Trudy's Birthday Party at Cana

- Feb 18th Community kitchen. All Welcome!!

Nazareth:

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Community Council:

- The Council members are Jen Mc, Carolyn, Suzanne, Tricia, Claire & Joan Gunville.

All Aboard the Ark

Ads:

**Do you want to learn how to Play the Piano?
Do you want your Child to be the next Diana Kroll?**

**Are you a Core Member who loves Music?
Then Email Stephanie!!!!**

stephaniereed@hotmail.com

Want a Vocational Core Member to clean your House or Apartment call 705-525-1015 ext 4 or 6.

Solidarity – L'Arche Family :

Champions of Changes - L'Arche Homefires on CBC TV

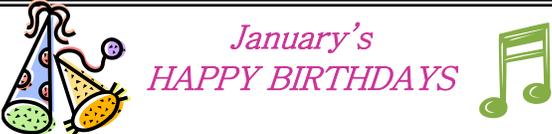
For the past several weeks, CBC TV has been airing a series called "Champions of Change", during which various organizations have been visited by well-known TV personality Colleen Jones. Her mission? To walk viewers through the steps of becoming a volunteer for different types of organizations — and to offer ideas for jobs that people might want to consider as volunteers.



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past week, Ms. Jones visited L'Arche Homefires in Wolfville, Nova Scotia, to profile "outstanding volunteers in the housing and infrastructure category."

<http://www.cbc.ca/canada/story/2010/11/19/f-colleen-jones-champions-of-change.html>



*January's
HAPPY BIRTHDAYS*

Suzanne Thibault 1
Maggie Cole 04
Robert Davies 10
Carolyn Ludgate 12
Don Adams 14 (Deceased)
Vic Pregelj 14
Seamus Andrews 17
Trudy Modesto 19
Brian Ludgate 22
Renee St. Amour 25



PLEASE PRAY FOR ...

***** In Memory of Deceased
Community Members *****

For Norm Martel a vocational core member who died in January 2008.



Mark Your Calendar:

- January Ass't Luncheon Bethany
- Jan 14th Sudbury Wolves Hockey Game.
- Jan 22 – Trudy's Birthday Celebration
- February Ass't Luncheon Emmaus
- Feb 18th – Community Kitchen
- March Ass't Luncheon Galilee
- March 8 PANCAKE TUESDAY
- **March 9 – Ash Wednesday – First day of Lent**
- April 16th – Egg Decorating
- April 21 – Washing of the Feet
- June 7/8 –Regional Gathering

***** All those grieving someone they love ***** For Paulette Audette as she grieves the death of her mother, Jennifer G. as she grieves the death of her husband, For Jeff St Lois as he grieves the death of his Grandmother
***** For all those who are sick ***** For Paulette, For Carolyn's Dad, ***** For all those who are in need of our prayers, all those who have asked for our prayers and those for whom we promise to pray each day. *****

Where Are They Now?

Send a recent picture and tell us what you're up to?

Dear all,

John Coleman, Coordinator of L'Arche Australia, has sent us a message concerning the floods in the region of Brisbane, where one of our communities is located, and he asks us to share this news with you:

« The floods in the state of Queensland Australia have been devastating and many of you will have seen film or heard news of the effects of these floods. Currently there is a flood warning for the city of Brisbane where our L'Arche Brisbane Community (with two households) is situated.

Currently all is well and people's spirits are high. An evacuation plan has been put in place should the Core Members and Assistants have to leave. Please keep the people of Queensland in your prayers as they mourn the loss of life and homes. »

Best wishes,

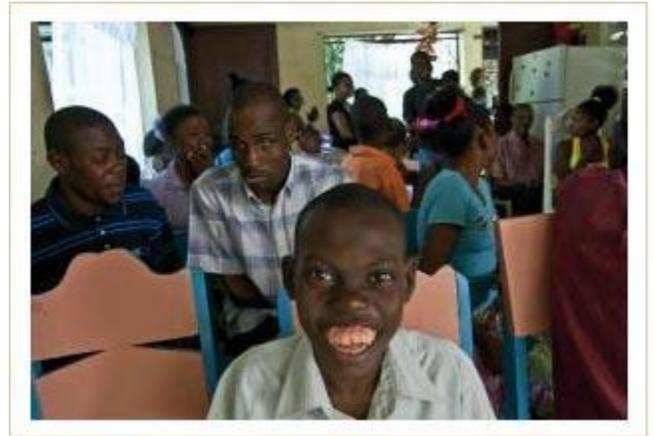
Jim Cargin

Communications Coordinator



L'Arche Haiti, January 2010–January 2011: From Chaos to Hope

Dears Friends,



I confess to you: It is not easy for me to revisit the tragedy of the earthquake that struck Haiti and our community, L'Arche Carrefour – the tragedy that so completely disrupted our lives, our habits, and the daily lives. It is like reliving moments of grieving and collapse, stirring up wounds that are still fresh, picking at sores that have not yet healed. But the work of remembering must, without a doubt, push through our hesitations!

When we contemplate the road that L'Arche has walked since that day, we will hold on to three things above all: first, of course, the catastrophe, the chaos, its immediate effects on the core members living our communities; second, picking up the pieces, in solidarity, in thanksgiving that we all – or almost all – were still alive; third, rebuilding in hope.

The catastrophe, the chaos: We did not expect it, and we were left amidst the rubble: Ismael, Jean-Robert, Moise, Ti Francoise, Esther, and everyone else living

out in the open, then under tents provided by Canadian soldiers, sent by none other than Jean Vanier himself. Meanwhile, the departure from Carrefour, and the loving welcome to Chantal, of eight of our most fragile members and four assistants, under Jonathan's dynamic and clear-thinking leadership. In the days and months that followed, the community was threatened by rain and wind coming in force in their season. We were conscious of the possible return of seismic tremors (some rumours were true, some false), the fight to create a viable daily life, with almost one hundred neighbours who had taken refuge on our property, the news of the dead and the injured, and powerlessness of the public powers. We cried bitterly over the deaths of Marie-Cecile and Schella, two active members of our Board.

Picking up the pieces, in solidarity: Bruised and uneasy, we confronted reality: Jacqueline, the Community Leader at the helm, shaken, but effective in the face of the needs and hazards of daily life. She is supported by Isabelle Robert, the coordinator assigned to Haiti, whose frequent visits bring support, comfort, and news of the intentions of L'Arche Canada, which, along with L'Arche International mobilized from the very beginning to get solidarity efforts underway. Messages of friendship from the Federation came daily, restoring and maintaining our sense of being part of a big family. The arrival of Jean-Christophe in Port-au-Prince brought aid and comfort as we worked to clarify our vision of the future of L'Arche. Jocelyne Mercier, the new President of our Board of Directors is committed and has thrown herself into this difficult mission: on the agenda, establishment of a new office, preparation for the construction of temporary shelters, the getting the school, Ke Kontan, up and running – this last project

one that could not wait. Michel Page of L'Arche de l'Etoile, sent by L'Arche Canada, brought all the rigor of a supervisor to the process, but he was also a friend who advised us, all the while respecting our choices. At this time we give thanks to the one from whom all grace comes and in whom we believe all is possible!

Between chaos and peace comes the time for rebuilding in hope: a new life is making itself known, the first re-building blocks were placed in July; the wounds are there, but Aby allowed us to put words of healing on them. We talk about beginning anew, and our projects take shape, even if our friends are still living under tents.

"C'est la nuit qu'il est beau de croire en la lumière." Roughly translated, this means that during the night, it is good to believe in the light. Outside, around us, the city and the Haitian people live under the ashes, inundated by humanitarian aid, waiting for the fulfillment of promises yet to be realized. But L'Arche is riding high and is well on its way in the reconstruction efforts. Initiatives are multiplying and things are moving forward.

It would be hard to identify everyone we should thank, everyone who has contributed to this renewal, to this new hope: we hope that each and every one might recognize in these lines our immense gratitude, and our firm determination to seek relentlessly – even in the midst of our moments of doubt and questioning – the true, the beautiful, the only mission: to love.

Once again, thank you for your support. Please do not hesitate to write us, and to check on us regularly on our Profile page on the Meeting Ground at http://archedev.org/fr/profile/larche_haiti

Evelyne Bazin Verdier

Longer CBC Article

This week, we've focused on the outstanding volunteers in the housing and infrastructure category. The winners will be profiled Monday night on CBC-TV's *Connect with Mark Kelley* at 8 p.m. ET. This week, Colleen's job in the category is learning how to weave, help out with candle making and even giving manicures in Wolfville, N.S.

This week's volunteer experience takes me to Wolfville, N.S. It is one of 27 communities across Canada that have built a L'Arche community.

[L'Arche](#) is an amazing concept, founded in 1964 in France by Canadian humanitarian Jean Vanier. At the time, Vanier was saddened by how society treated people with developmental disabilities. All too often, they were institutionalized, marginalized and ignored.

He started his first L'Arche home in France where he lived, worked and learned from people with special needs. Now, L'Arche homes are worldwide and in Canada there are a total of 200 homes and day programs. I'm not sure if anyone else remembers Vanier's Massey Hall Lectures on CBC Radio years ago, but they're worth revisiting. (You can [order it from cbc.ca/shop](#). The series is called [Becoming Human](#).)

Like so many other non-profit groups, especially those in the shelter category, budgets are cut to the bare bone but the need — whether it's homeless shelters, women's shelters or places like L'Arche or group homes — is huge. L'Arche has qualified staff, but volunteers lend a hand by sharing the load.

Lessons learned

This was a life lesson day if ever there's been one! I went in thinking I need to be patient and have an open heart. But as the director, Ingrid Blais, quickly pointed out, the people in L'Arche will teach me more about patience and being in the present moment than I would have thought possible.

The joy at L'Arche over everything is so obvious, whether it was picking the "Friend of the Week" or their "Secret Santa." Also, for their candle making and weaving work, which they sell at their storefront shop "Applewicks" — they work with such diligence and pride.

So for this volunteering job, my most important lesson is just to show up and do it with kindness, and stop rushing and stressing in my life! My jobs included learning how to weave and helping with candle making. I also went to one of the L'Arche homes and gave Rene a manicure. What was neat about the day was realizing that society often values independence and self-sufficiency — but L'Arche values interdependence and strong relationships, compassion and community. It was an awesome day. They always need volunteers or help with fundraising.

Read more:

<http://www.cbc.ca/canada/story/2010/11/19/f-colleen-jones-champions-of-change.html#ixzz1AeqQd8AB>

Chris Cassidy

Editor in Chief
All Aboard the Ark

REPORTERS : Emmaus – Shari, Bethany – Joel, Galilee – Victoria, Vocational – Danielle.

Please Email me if you want to be added to the " All Aboard the Ark" Email Distribution List or removed.

Please send me: News Items & Pictures of Community, Family & Friends. No Announcement is too small.

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