



Week of Monday, May 10th, 2010
L'Arche Sudbury's Web Page is up and running at www.larchesudbury.org

Listening to our Hearts

Let us simply stop and start listening to our own hearts. There we will touch a lot of pain. We will possibly touch a lot of anger. We will probably touch a lot of loneliness and anguish. Then we will hear something deeper. We will hear the voice of God... We will hear, "You are precious in my eyes and I love you."

-- "Jean Vanier: Essential Writings" ed. C. Whitney-Brown, extracted from "Images of Love, Words of Hope."

L'Arche Sudbury CALENDAR

Monday May 10th: Happy Birthday Kora Lyn Paulin!

Chris leaves for 0-1 Formation

Tuesday May 11th:

- 9a.m.-10:30a.m. Team Meeting
- 11a.m. – 1p.m.- Assistant Meeting and Lunch
- 3p.m. Formation
- 4:30p.m. Prayer Night

Wednesday May 12th

Thursday May 13th

Friday May 14th:

- Living through the Arts @ Cana 5p.m.-7p.m.

Saturday May 15th: Happy Birthday Jennifer Caruso!

- Cathy on call

Sunday May 16th

What's New?!

Galilee:

- On Saturday Colleen, Audrey, Renée and Inke went to the L'Arche North Bay Walk-a-thon and built a convoy with Emmaus. Road trip!! We had a wonderful time and it was great to meet the L'Arche North Bay community!
- Also on Saturday Melissa Carrière shared very exciting news with us. She found out she is pregnant! Congratulations Mel and Jake!!
- On Sunday Carole, Renée and Katherine who used to be house leader at Galilee went out for lunch at the Fishbowl. The food was fantastic!
- The rest of the Galileans went to the movies with Emmaus to see "Oceans". Everybody really enjoyed the movie and it was fun to meet our friends!
- Monday morning Renée left for Montréal. She went on the retreat "The Journey of L'Arche". We all hope she is having a wonderful time and miss her already.

Emmaus:

- Walk-a-thon @ North bay- Tricia, Eddie & Tim after they had lunch in the park where a fielding group was performing.
- Sara's farewell party- she's greatly missed.
- Shari & Tim's 1st grocery shopping trip they took the public bus it was so much fun said Tim (Yay!).
- Welcoming Lyn back to community as a relief person here @ Emmaus.
- Galilee and Emmaus's joint movie trip to see oceans, the colours was amazing.



Claire and Seamus enjoying a snuggle after supper!

Vocational:

- We bid a sad adieu to Angélique. We wish her nothing but the best in her adventures!
- We welcomed Suzanne last Monday. It is great to hear her laughter in the community again!



Congratulations! Kayla Leeson welcomed her baby boy into her family April 30th. Reid Martin weighed in at 6lbs 15oz. Big sister Abby can't wait to teach him everything she knows.



Another blessing, Reid Martin!



HAPPY BIRTHDAY TO YOU

To all those who will celebrate their birthday in May:

Kara Merchant 1
Renée Boivin 2
Gloria Denato 2
Christine Shackleton 9
Kora-Lyn Paulin 10
Jennifer C. Caruso 15
Emily Hill 20
Alain Lalande 22
Caroline Proulx 26



PLEASE PRAY FOR ...

All those grieving someone they love*** For all those who are sick, our dear Paulette Audette, Renee St. Amour's friend, Lisa Almenar Eileen Poulin's daughter, Brenda Mayer, Suzanne's father Louis and Sylvie LeCoz's father*** FOR all those who are in need of our prayers, all those who have asked for our prayers and those for whom we promise to pray each day.